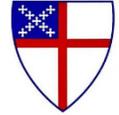
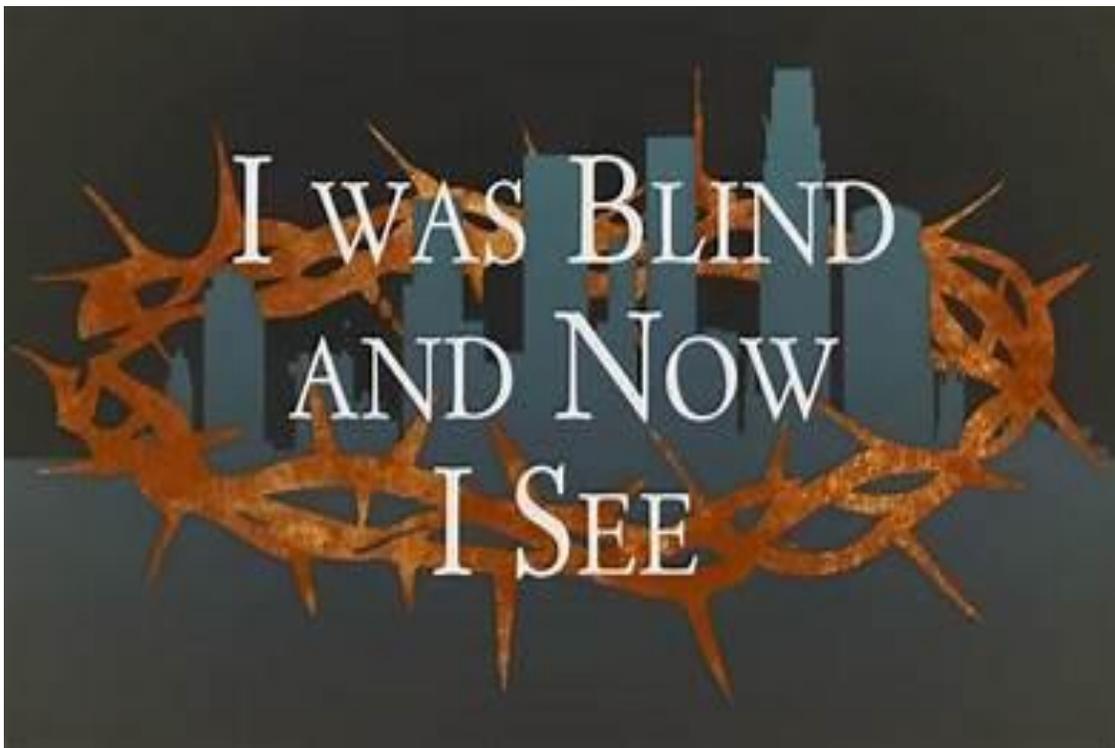


St. Michael & All Angels Episcopal Church



*Fourth Sunday in Lent*  
*March 15, 2026, 10:00 a.m.*



## MORNING PRAYER – RITE ONE

Officiant, Mr. James Fort

INSTRUMENTAL PRELUDE

OPENING PRAYER

If we say that we have sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, god is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness. (*1 John 1:8, 9*).

PROCESSIONAL HYMN

CONFESSION OF SIN

*Officiant* Let us humbly confess our sins unto Almighty God.

BCP Pg. 41

**(All together, kneeling)** *Almighty and most merciful Father...*

### THE INVITATORY AND PSALTER

**(All stand)**

Pg. 42

*Officiant* O Lord, open thou our lips.

*People* And our mouth shall show forth thy praise.

Glory to the Father and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. *Amen*.

VENITE **(Read in unison)**

Pg. 44-45

**Congregation is seated**

THE PSALM

**Psalm 23**

Insert

THE LESSONS

First Reading

**1 Saamuel 16:1-13**

Insert

Second Reading

**Ephesians 5:8-14**

Insert

THE SONG OF PRAISE **(Read in unison)**

Pg. 49

SEQUENCE HYMN

THE HOMILY

Mr. J. Byron Greene

THE PRAYERS OF THE PEOPLE FORM V

Pg. 389

OFFICIANT

The peace of the Lord be always with you.

THE PEACE

***Please be seated for the Offertory***

OFFERTORY

DOXOLOGY

**LENTEN DOXOLOGY**

*SUNG TO TUNE OLD 100TH*

Praise God throughout these 40 days  
Praise Christ, our Lord, whom God did raise.  
And praise the Spirit who imparts  
God's love in Christ into our hearts. Amen.

*Presentation of the Offering – prayer to be said:*

**All things come of Thee, O Lord, and Thine own have we given Thee**

THE APOSTLES' CREED

Pg. 53

**THE PRAYERS**

Pg. 54

***The People stand or kneel***

THE LORD'S PRAYER

SUFFRAGE B

Pg. 55

THE COLLECT OF THE DAY

Insert

A COLLECT FOR THE RENEWAL OF LIFE

Pg. 56

A COLLECT FOR PEACE

Pg. 57

A COLLECT FOR GUIDANCE

THE GENERAL THANKSGIVING

Pg. 58

ANNOUNCEMENTS

RECESSIONAL HYMN

DISMISSAL

## **PRAYER REQUESTS FOR PEACE, HEALING AND PROTECTION**

### **For those at Home**

Rosalyn Greene, Ella Woodbury, James Manning, Toni Jarmon, Rev. Leslie and Renee White, Rev. Ralph Griffith, Leonel Jones, Charles Walton, Joan Jackson Taylor, Christine Seymour, Kove Lawson, Cynthia Holland, Harriet Bowen, Livy Hitchcock, Sheila Gonzales, Kurt Blyden, Ashley Rodgers, Sandra Todman-Hart, Teresa Thomas, Elroy Todman, Christopher Marrow, Sean Gray and Debra Wynn.

### **For those in the care of the Doctor**

Dourest & Joann Robinson, John Melville, Lauren Sapp, Delores Brown, Hattie Olivia Scott, Alexes Shermise Brown, Jasmine Hartin, Rudolph & Melva Griffith, Delois Abraham, Stella Harris, Pamela Harris Williams, Klcey Scott, Erica Scott, Renrick & Veronica Alleyne, Jeffery Adams, Ena Mason, Darlene Sheppard, Devonia Sears, Landon Dyre, Brittany Lee, Herma Watson Taylor, Barbara Gruden, Carolyn Allen, Ann Dupree, Scott Allen, Ashley Griffith, Lee Scott, Leslie Warren, Will Baker, Ellie Potter, Lennie Helfand, Victor Laurie, Martha Laurie, Pamela Richards, Al Washington, Jesse Stewart, Catherine Davis, Zachery Smith, Julia Joyner, Anne Powell, Proctor Ford, Johnnie Flowers, Leonard Williams, Ethan Pritchard, Annie DePutron, Errol & Lona Chapman, Fr. I Ranfurly Brown of Nassau and Clarissa Riehl.

### **For those who care for the sick**

Especially all doctors, nurses, scientists, and our own, Dr. Shaun Laurie, Dr. Nwamaka Onyeozili, Dr. Ross Howard McMillan, Dr. Ciara Robinson, Dr. Alaine Sharpe, Dr. Edwin Thorpe, Zuri A. White, Cheston Williams and Edwina Johnson.

### **For those who care for the sick**

Especially all doctors, nurses, scientists, and our own, Dr. Shaun Laurie, Dr. Nwamaka Onyeozili, Dr. Ross Howard McMillan, Dr. Ciara Robinson, Dr. Alaine Sharpe, Dr. Edwin Thorpe, Zuri A. White, and Cheston Williams.

### **For those in the Military**

Linzie Bogan II, Clark Bogan, Brianne Edwards, Vashti Thompson, Thandi Williams, Douglas Sampson, Jaelyn Guyton and Scott Haverstraw.

### **Suggested daily Readings for the Fourth Sunday in Lent: March 16 to March 21.**

Mon.	Jer. 16:10-21	Psalm 89:1-18	John 6:1-15
Tue.	Jer. 17:19-27	Psalm 97, 99	John 6:16-27
Wed.	Jer. 18:1-11	Psalm 101	John 6:27-40
Thurs.	Jer. 22:13-23	Psalm 69:1-23	John 6:41-51
Fri.	Jer. 23:1-8	Psalm 95	John 6:52-59
Sat.	Jer. 23:9-15	Psalm 107:33-43	John 6:60-71

## SPECIAL PRAYERS

### **Birthday Prayer**

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace, which passeth understanding, abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

### **Anniversary Prayer**

God our Father, who made men and women to live together in families: we pray that marriage may be held in honor, that couples may live together faithfully, according to their vows; and that members of every family may bear one another's burdens and so fulfill the law of Christ; for his name's sake. Amen.

### **Capital Campaign Prayer**

Most gracious Lord Jesus Christ and generous source of all abundance, in gratitude we invite you to expand our hearts as we seek to increase and improve this place of worship, peace, healing, forgiveness, outreach, service and fellowship. May all who enter here be restored and strengthened on their journey of faith. Guide us Heavenly Father, that we may make manifest your vision of a beloved and enlightened church and community, and be a shining example of the living presence of the Holy Spirit. May we and our Capital Campaign be a channel of God's abundant grace; through Jesus Christ our Lord we pray. *Amen.*

### ***HAPPY BIRTHDAY/ANNIVERSARY TO OUR CHURCH FAMILY!***

Sophia Stewart (3/18), Chris Stewart (3/18), Pamela Fort (3/21), Scott & Shauna Allen (3/20).

### **Serving today, Sunday, March 15.**

**Crucifer:** Mr. Joseph Sams, III

**Vestry:** Mr. Al Lawson, Jr.

**Altar Guild:** Mrs. Nadira Sams  
Ms. Marie Roberts

### **Ushers & Greeters:**

Mr. Charlie Clark  
Mr. Al Lawson, Jr.

**Lectors:** Ms. Elizabeth Joy Hooker

Dr. Edith Onyeozili

Ms. Margaret Edwards

**AV:** Mr. Christopher White

## ANNOUNCEMENTS

### **Your prayers are being asked for the following**

Jacquan Patterson—recovering at home.

Carlton Maddox—trying to put his life back together

John Melville—in hospital

Tom & Livy Hitchcock—recovering from procedures

Ann Powell—in the care of the doctor

Joann Robinson—recovering at home

Mtr. Leslie Roraback, Fr. Lonnie's assistant at St. John's Episcopal Church

Veronica Alleyne, mother of our former organist, Monique Alleyne

### **Wednesdays in Lent**

Each Wednesday evening, we gather in the Fellowship Hall at 6:00 pm. Be reminded that it will be potluck, so kindly bring "something" along with you. Our speaker this Wednesday is Mr. J. Byron Greene. Don't forget to invite a friend or family member.

### **Remainder of those named who will be addressing us on Wednesday evenings**

Wednesday March 25th—Dr. Neil James

Wednesday April 1st—Dr. Cyndy Stewart

### **Upcoming Bishop's Institute Workshop**

On Saturday, March 21 from 10:00 a.m. to 2:00 pm, the Bishop's Institute will host the seminar, Mindful Aging Strategies. The seminar will be led by Susanna Barton of the Cathedral Wellness Center, and the focus will be on avoiding "geriatrics" and navigating life at 60+.

You may register below for the workshop



### **Omar's & Sierra's Tennis Schedule**

From March 10-13 Omar and Sierra played Varsity City Championships. After Cities they will have Districts; look out for that schedule. Also, Omar and Sierra will be traveling to Puerto Rico for a tennis tournament during Spring Break. Sierra will travel to El Salvador for the World Tennis Championships 14 and under the following week.

*~Mongeries*

## WOMEN'S HISTORY MONTH

### Recognizing and Honoring Dr. Delores B. Lawson

Dr. Delores B. Lawson is a retired nursing educator and administrator in Tallahassee, Florida. She has a distinguished 35-year career at Florida A & M University, holding various leadership roles within the School of Nursing. She served as a Nurse Educator, Assistant Professor, and Associate Dean of the Undergraduate Nursing Program. She retired in 2016, holding a PhD in Nursing from the University of Alabama in 2004, and was recognized as a FAMU National Alumni Association Distinguished Alumna. Dr. Lawson's professional service includes: FAMU Faculty Senate, University Space Committee, University Childcare Committee, University Assessment Committee, Big Bend Clinical Space Committee, School of Nursing Assessment and Evaluation, and Curriculum Chair.

Her community service includes VP of The Links Inc., a member of Delta Sigma Theta, Inc., former Board member of the Bond Community Health Center, Chi Eta Phi Nursing Sorority, Treasurer of Sigma Theta International Nursing Honor Society, Black Nurses Association Big Bend Chapter and The University of Alabama at Birmingham Alumni Association. She is a lifelong member of St. Michael and All Angels Episcopal Church where she has served as the Sr. Warden, Altar Guild Chair and Episcopal Church Women's Ministry.

Dr. Lawson is married to former US Congressman Al Lawson Jr.; they have two children and three grandchildren.

Her commitment to her profession, community, and personal life is evident from the many achievements she has received.

Thank you, Dr. Delores B. Lawson, for your past and present contributions to our society. We here at SMAA appreciate you and all that you have accomplished.

### **A Lenten Prayer**

Heavenly Father,

Thank you for the gift of this season. Thank you for knowing our hearts and our need for rhythms in our lives and drawing us into a deeper communion with you throughout these 40 days.

May we remember the gift of salvation in this season. *Amen*

## WELCOME TO ST. MICHAEL

We extend a warm welcome to our guests. Thank you for worshipping with us today. If you are without a church home, we invite you to join our church family. Please complete a Welcome Card, *include your home address, phone number, and if you would like to receive our newsletter, news of special events and other happenings, please add your email address also.*

### *About Us*

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#### *Our Clergy and Administration*

The Standing Committee  
Diocese of Florida

#### *Our Vestry & Staff*

James Fort, **Senior Warden**  
850.509.2419

Joseph Sams, III, **Junior Warden**  
850.510.5717

Chioma Onyeozili, **Vestry Clerk**

Pamela Davis Greene

Alfred Lawson, Jr.

Alexis Roberts McMillan

Laureatte Scott, **Treasurer**

Marie Roberts

Dr. Kathleen Rodgers, **Financial Secretary**

Ivana Kenny Carmola and  
Debralee LaSeur-Helfand, **Organists**

Chris White, **Drummer/Choral Director**

John Grayson, **LEMs Coordinator**

J. Byron Green, **Outreach Coordinator**

Elizabeth Humes, **Administrative Assistant**

*Location:* 1405 Melvin Street  
Tallahassee, FL 32301

*Phone:* 850.681.0844

*Office Hours:* Monday to Friday  
8:00 a.m. – 4:00 p.m.

*Email:*

[office@stmichaelandallangels.org](mailto:office@stmichaelandallangels.org)

*Website:*

[www.stmichaelandallangels.org](http://www.stmichaelandallangels.org)

*Follow us on IG: @smaa\_tally*

*Find us on Facebook*

*OUR VISION* is to be a cornerstone for serving the spiritual needs of the greater Tallahassee community, extending an eternal invitation to join our caring parish, and to enrich the spiritual life of all people as we journey with Christ.

*OUR MISSION* is to experience the Gospel of Jesus Christ by feeding the mind, body, and spirit of our community in fellowship and service.