

**ST MICHAEL & ALL ANGELS**  
**EPISCOPAL CHURCH**



**FIRST SUNDAY IN LENT**

**March 06, 2022**

**10:00 a.m.**

**Ministers of the Church**

*The People of St. Michael*

**Our Vestry & Staff**

Zollie White II, **Senior Warden**  
850-321-2817

Charlie Clark **Junior Warden**,  
850-631-0780

Kimberly Douglas  
Margaret Edwards  
Dr. Shaun Laurie  
Lenin Mongerie  
Laureatte Scott

Margaret Edwards, **Vestry Clerk**  
Laureatte Scott, **Treasurer**

Kathleen Rodgers, **Financial Secretary**

Monique Alleyne, Ivana Kenny Carmola  
and Debralee LaSeur-Helfand,  
**Organists**

Chris White, **Drummer/Choral Director**

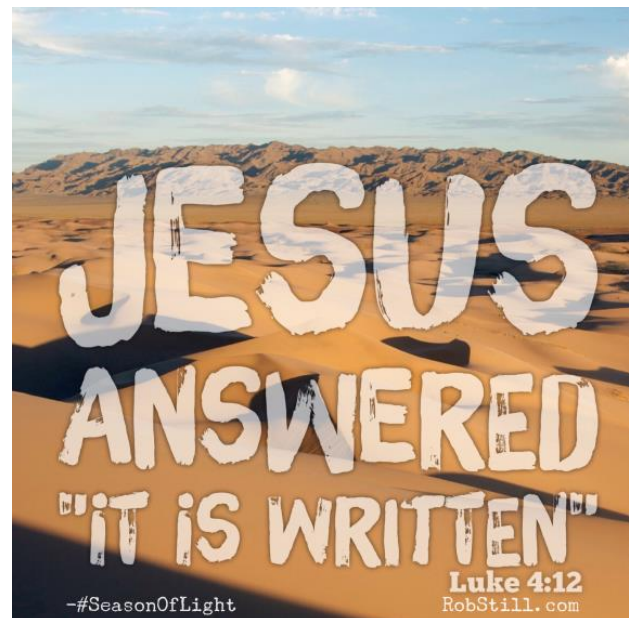
John Grayson, **LEMS Co-Ordinator**  
Elizabeth Humes, **Admin .Assistant**

**Our Clergy**

The Right Reverend John Howard  
**Bishop – Diocese of Florida**

The Reverend Hugh Chapman, **Rector**  
340-513-1123

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## HOLY EUCHARIST- RITE ONE

### INSTRUMENTAL PRELUDE

Debralee LaSeur-Helfand

### OPENING PRAYER

Almighty God, giver of every good gift, we pray that you would look graciously upon the Diocese of Florida, and so guide the minds and hearts of the Nominating Committee as they prayerfully select candidates for the election of the next bishop of this diocese, that we may receive a faithful pastor who will care for your people and equip us for our ministries: Guide also the minds and hearts of the candidates who will come before the Nominating Committee, that this process will be a time of discernment and growth in their lives and ministries; through Jesus Christ our Lord. *Amen.*

### Processional Hymn L35 vs.1-2, O how He Loves You and Me

Kaiser

1. O how He loves you and me. O how He loves you and me; He gave His life, what more could He give; O how He loves you, O how He loves me, O how He loves you and me.
2. Jesus to Calvary did go, His love for the worlds to show; What He did there brought hope from despair; O how He loves you, O how He loves me, O how He loves you and me.

## THE WORD OF GOD

*The people standing, the Celebrant says*

Bless the Lord who forgiveth all our sins .

**People His mercy endureth for ever.**

*Amen.*

### THE COLLECT FOR PURITY

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ of Lord. *Amen.*

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

Lord, have mercy upon us.

*Christ, have mercy upon us.*

Lord, have mercy upon us.

*The Celebrant says to the people*

The Lord be with you.

**People** And with thy spirit.

*Celebrant* Let us pray.

#### **COLLECT FOR THE DAY**

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Make speed to help thy servants who are assaulted by manifold temptations; and, as thou knowest their several infirmities, let each one find thee mighty to save; through Jesus Christ thy Son our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, now and forever. *Amen.*

*The people sit*

#### **THE LESSONS**

##### **A Reading from the Book of Deuteronomy (26:1-11)**

When you have come into the land that the Lord your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the Lord your God is giving you, and you shall put it in a basket and go to the place that the Lord your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, "Today I declare to the Lord your God that I have come into the land that the Lord swore to our ancestors to give us." When the priest takes the basket from your hand and sets it down before the altar of the Lord your God, you shall make this response before the Lord your God: "A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, we cried to the Lord, the God of our ancestors; the Lord heard our voice and saw our affliction, our toil, and our oppression. The Lord brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the ground that you, O Lord, have given me." You shall set it down before the Lord your God and bow down before the Lord your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the Lord your God has given to you and to your house.

The Word of the Lord.

**People** Thanks be to God.

**Psalm 91:1-2, 9-16** (Read responsively by whole verse)

1. He who dwells in the shelter of the Most High,\* abides under the shadow of the Almighty.

**2. He shall say to the Lord, "You are my refuge and my strong hold,\* my God in whom I put my trust."**

9. Because you have made the Lord your refuge,\* and the Most High your habitation,

**10. There shall no evil happen to you,\* neither shall any plague come near your dwelling.**

11. For he shall give his angels charge over you,\* to keep you in all your ways

**12. They shall bear you in their hands,\* lest you dash your foot against a stone.**

13. You shall tread upon the lion and adder;\* you shall trample the young lion and the serpent under your feet.

**14. Because he is bound to me in love, therefore will I deliver him;\* I will protect him, because he knows my Name.**

15. He shall call upon me, and I will answer him;\* I am with him in trouble; I will rescue him and bring him to honor.

**16. With long life will I satisfy him,\* and show him my salvation.**

**A Reading from Paul's Epistle to the Romans (10:8b-13)**

"The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, "Everyone who calls on the name of the Lord shall be saved."

The Word of the Lord.

**People Thanks be to God.**

**Gradual Hymn**

**H143 v 1, The glory of these forty days**

*Erhalt uns, Herr*

1. The glory of these forty days we celebrate with songs of praise, for Christ, by whom all things were made, himself has fasted and has prayed.

**Gospeler**            **The Holy Gospel of our Lord Jesus according to Luke (4:1-13)**  
**People**              **Glory to you, Lord Christ.**

**THE HOLY GOSPEL**

After his baptism, Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." Jesus answered him, "It is written, 'One does not live by bread alone.' " Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours." Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'" Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, for it is written, 'He will command his angels concerning you, to protect you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" When the devil had finished every test, he departed from him until an opportune time.

After the Gospel the Reader says: The Gospel of the Lord.

**People**        **Praise to you, Lord Christ.**

**Sequence Hymn**            **H143 v2, the glory of these forty days**            *Erhalt uns, Herr*

2. Alone and fasting Moses saw the loving God who gave the law. And to Elijah, fasting, came the steed and chariots of flame.

**SERMON**

The Reverend Hugh Chapman

**INSTALLATION OF WARDENS AND MEMBERS OF VESTRY**

*Sponsor*            I present to you these persons to be admitted to the ministry of Members of the Vestry in this congregation.

*Antiphon*

The Lord gives wisdom; from his mouth come knowledge and understanding; he stores up sound wisdom for the upright; he is a shield to those who walk in integrity.

V.                    I am your servant; grant me understanding:

R.                    That I may know your decrees.

Let us pray (*Silence*)

O Eternal God, the foundation of all wisdom and the source of all courage; Enlighten with your grace the Wardens and Vestry of this congregation, and so rule their minds, and guide their counsels, that, in all things they may seek your glory and promote the mission of your Church; through Jesus Christ our Lord. *Amen.*

In the Name of God and of this congregation, I commission you {N} as Warden (Member of the Vestry) in this Parish and give you this pin as a token of your ministry. *Amen.*

### **THE NICENE CREED**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With Father and the Son he is worshipped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for resurrection of the dead, and the life of the world to come. *Amen.*

### **Prayers of the People Form II**

I ask your prayers for God's people throughout the world; for our Presiding Bishop **Michael**, our Bishop **John**, our Rector **Hugh**; for this gathering; and for all ministers and people.

Pray for the Church.

*Silence*

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people.

Pray for justice and peace.

*Silence*

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I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.

Pray for those in any need or trouble.

*Silence*

I ask your prayers for the departed.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him.

Pray that they may find and be found by him.

*Silence*

I ask your prayers for the special needs and concerns of this congregation especially our sick and homebound, as well as those who are in need of prayers and healing:

**For those at Home:**

Fr. Laughton Thomas, Rosalyn Greene, Ella Woodbury, Sam Oliver Sr., James Manning, Toni Jarmon, Rev. Leslie R. White, Rev. Ralph Griffith, Leonel Jones, Charles Walton, Joan Jackson Taylor, Christine Seymour, Mary Ann Nottage, Kove Lawson, Cynthia Holland, Genevie Vaughn, Harriet Bowen. Livy Hitchcock, Sheila Gonzales, Sam & Sharal Jugger, Allan Johnson, Fr. Terrence Rosheuvel and Fleur Warren.

**For those in the care of the Doctor:**

Dourest & Joann Robinson, Leslie Baker, John Melville, Joycelyn Stephens, Williema Jackson, Lauren Sapp, Dr. Derek Spencer, Marva Davis, Delores Brown, Hattie Olivia Scott, Alexis Shermise Brown, Jasmine Hartin, Shevette Newkirk, Rudolph & Marva Griffith, Delois Abraham, Stella Harris, Pamela Harris Williams, Klcey Scott, Erica Scott, Renrick Alleyne, Jeffery Adams, Mayleen Rosheuvel, Ena Mason, Darlene Sheppard, Merrick Winston Edwards, Devonia Sears, Landon Dyre, Brittany Lee, Herma Watson Taylor, Barbara Gruden, Carolyn Allen, Canon Nelson Pinder, Camilla Stapleton, Elijah Malone, Carl Maxwell, Ann Dupree, Al Lawson Jr., Bill Bush, Nohemy Reid, Luann Hickman, Fred Hickman, Harold Dickey, Sterling Rinks, Scott Allen and Deborah Coleman.

**For those on the front lines in the fight against the Coronavirus Pandemic:**

Especially all doctors, nurses, scientists, and our own, Dr. Shaun Laurie, Dr. Nwamaka Onyeozili, Dr. Ross Howard McMillan, Dr. Ciara Grayson, Dr. Alaine Sharpe, Zuri A. White and Cheston Williams.:

**For those in the Military:**

Linzie Bogan II, Clark Bogan, Brianne Edwards, Vashti Thompson, Thandi Williams. *and you may add your own petitions.*

Pray that they may be healed and delivered from their distress.

I ask your thanksgiving for all life's blessings.

Praise God for those in every generation in whom Christ has been honored.

Pray that we may have grace to glorify Christ in our own day.

*Silence*

*Collect for the Coronavirus Pandemic - Page 15.*

**CONFESSION OF SIN**

*The Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept*

*Minister and people*

Most merciful God, we confess that we have sinned against you in thought, word, and deed by what we have done, and by what we have left undone. We have not loved you with our whole heart; We have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. *Amen.*

*The Celebrant says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ of Lord. *Amen.*

Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you.



God so loved the world, that he gave his only begotten Son, to the end that all that believe in him should not perish, but have everlasting life

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world.

Celebrant says to the people.

The peace of the Lord be always with you.

**People: And with thy spirit.**

**THE PEACE** **By the waters of Babylon** Hayes

By the waters, the waters, of Babylon

We lay down and wept, and wept, for thee, Zion.

We remember, we remember, we remember thee, Zion.

**Offertory** Organ Interlude

**DOXOLOGY** **H380, Praise God from Whom All Blessings Flow** *Old 100th*

Praise God, from whom all blessings flow; praise him, all creatures here below; praise him above, ye heavenly host: praise father, Son and Holy Ghost. *Amen.*

Presentation of the Offering – prayer to be said

*Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit, a reasonable, holy and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.*

**THE GREAT THANKSGIVING**

***Eucharistic Prayer I*** (remain standing)

*Celebrant* The Lord be with you.

**People** **And with thy spirit.**

*Celebrant* Lift up your hearts.

**People**     **We lift them to the Lord**

*Celebrant*   Let us give thanks to the Lord our God.

**People**     **It is right to give him thanks and praise.**

*The Celebrant proceeds*

It is meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, almighty, everlasting God. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name, evermore praising thee, and saying,

*Celebrant and People*

**SANCTUS**

Holy, holy, holy, Lord God of Hosts: Heaven and earth are full of thy glory. Glory be to thee, O Lord Most High.

Blessed is he that cometh in the name of the Lord. Hosanna in the highest.

*(The people stand or kneel)*

*The Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; By whom, and with whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end. *Amen.*

And now, as our Savior Christ has taught us, we are bold to say,

**THE LORD'S PRAYER**

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And led us not into temptation, but deliver us from evil. For thine is the kingdom, and the power and the glory, forever and ever. *Amen.*

## THE BREAKING OF THE BREAD

Celebrant breaks the Bread

Christ our Passover is sacrificed for us;

**People:**                    **Therefore let us keep the feast.**

O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, have mercy upon us. O Lamb of God, that takest away the sins of the world, grant us thy peace.

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord whose property is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. *Amen.*

*Celebrant continues:*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith with thanksgiving.

The Body of Christ, the bread of heaven. *Amen.* The Blood of Christ, the cup of salvation. *Amen.*

**Communion Hymn                    L19 vs 1-3, Wayfaring Stranger                    American Folk Song**

1. I'm just a poor wayfaring stranger, I'm trav'ling through this world below; There is no sickness, toil, nor danger, In that bright world to which I go. I'm going there to see my father, I'm going there no more to roam; I'm just a going over Jordan, I'm just a going over home.

2. I know dark clouds will gather o'er me, I know my pathway's rough and steep; But golden fields lie out before me, Where weary eyes no more shall weep. I'm going there to see my mother, She said she'd meet me when I come; I'm just a going over Jordan, I'm just a going over home.

3. I want to sing salvations story, In concert with the blood-washed band; I want to wear a crown of glory, When I get home to that good land. I'm going there to see my rothers, They passed before me one by one; I'm just a going over Jordan, I'm just a going over home.

**Meditation Hymn                    Instrumental**

*After Communion, the Celebrant says*

**Let us pray.**

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. *Amen.*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. *Amen.*

**ANNOUNCEMENTS**

**Recessional Hymn**

**L30 vs. 1-2, At the Cross**

Hudson

1. Alas! and did my Savior bleed, and did my Sovereign die! Would he devote that sacred head for sinners such as I?

[Refrain]

At the cross, at the cross, where I first saw the light, And the burden of my heart rolled away; It was there by faith I received my sight, And now I am happy all the day.

2. Was it for crimes that I have done, he groaned upon the tree? Amazing pity! Grace unknown! And love beyond degree!

**DISMISSAL**

**Celebrant** Our worship has ended.  
Let us go forth in the name of Christ.

**People** Thanks be to God.

**Postlude**

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## WELCOME TO ST. MICHAEL AND ALL ANGELS

*We extend a warm welcome to our guests. Thank you for worshipping with us today. If you are without a church home, we invite you to join our church family. Please sign the guest register, **include your home address, phone number and, if you would like to receive the monthly newsletter, news of special events and other happenings, please also add your e-mail address.***

***OUR VISION** is to be a cornerstone for serving the spiritual needs of the greater Tallahassee community, extending an eternal invitation to join our caring parish and to enrich the spiritual life of all people as we journey with Christ.*

***OUR MISSION** is to experience the Gospel of Jesus Christ by feeding the mind, body and spirit of our community in fellowship and service.*



**HOLY COMMUNION:** All baptized Christians are encouraged to receive the real and living presence of Christ in Holy Communion. To receive the Bread, extend your hands upward, palms crossed. When receiving the Wine, please guide the chalice as it is offered. If you prefer, you may leave the Bread on your palm for the person administering the chalice to dip into the Wine and place on your tongue. All persons are welcome to give thanks for God's blessings at the altar rail, simply crossing your arms at the wrist with fingertips extending upward towards your shoulders.

### **HAPPY BIRTHDAY/ANNIVERSARY TO OUR CHURCH FAMILY!**

Kathleen Rodgers (3/6), Stacy Tinner Sr. (3/9), Naomi Hruda (3/12).

### **Birthday Prayer**

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace, which passeth understanding, abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

### **Annual Altar Guild Meeting**

The Annual Altar Guild Meeting will be virtual on Saturday, March 19<sup>th</sup> at 11a.m. by Zoom. Members are asked to place this important meeting on their calendars. Individuals interested in joining the Altar Guild are welcome and can contact Delores Lawson at 850-509-6060 for additional information.

Delores Lawson, Altar Guild Chairperson

## **FROM THE RECTOR'S DESK**

### **Continue to pray for the Ukrainian People.**

Bishop Howard has asked that we keep in prayer the people of Ukraine. The Bishop says "join me in prayer that the Ukrainian war might conclude swiftly and with justice, that the innocent might be shielded from harm and that nationalistic aggression, abusive power and self-justifying violence, might cease." Let us continue to make intercession for the small Anglican congregation of Christ Church in Kyiv and the many Ukrainian Americans who are truly distressed at this time.

### **Disciplines for Lent**

We Anglo-Catholics observe Lent in three (3) ways – by fasting, praying and by engaging in acts of self-denial. I urge you to ensure that you engage in some form of discipline that takes attention away from yourself and places it on the sacrificial life we are called to live. Let us seek to think more of others than ourselves. Enrich your minds by reading some piece of literature that deepens your understanding of the Christian Faith. Find a study group or join us every Wednesday in Lent for the program planned for SMAA. This week join us by zoom:-

<https://us04web.zoom.us/j/7672517865?pwd=MEVOSW5ZeGRNaEpndzliUE5ENTRFdz09>

ID: 767-251-7865      PW: SMAA1882 when Fr. Rick Effinger addresses us on how we keep a Holy Lent. Finally do something more than you are accustomed to. Staying away from chocolate is okay, but does it help anyone else but you? Now that the pandemic seems to be abating, make the effort to return to worship on Sundays and support the work of ministry, by sharing your gifts of time, talent, and treasure with SMAA.

### **Prayers being Sought**

Continue to pray for all those who are on our prayer list each week. Specially pray for our new vestry, being installed today: Zollie White II, Charlie Clark, Margaret Edwards, Kimberly Douglas, Shaun Laurie, Lenin Mongerie and Laureatte Scott and the Nominating Committee, as it embarks on the final phase of identifying candidates to be presented to the Standing Committee. Remember that we shall elect a co-adjutor bishop on Saturday May 14<sup>th</sup> at St. John's Cathedral in Jacksonville.

Fr. Hugh+

### **Pray for Scott**

Our brother Scott Allen will undergo surgery on Tuesday of this week. Do pray for Scott and his family especially at this time.

## SPECIAL PRAYERS

Father, you have made all people with eyes to see you at work in the world, ears to hear you cry out when right suffers wrong, when justice is brought low. Give to the people of our nation courage to stand up for goodness and right-doing in the face of an oppressive spirit, and courage to believe we may restore, in accordance with your gracious will, a light to enlighten the nations and the people with your truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. *Amen.*

### Capital Campaign Prayer

Most gracious Lord Jesus Christ and generous source of all abundance, in gratitude we invite you to expand our hearts as we seek to increase and improve this place of worship, peace, healing, forgiveness, outreach, service and fellowship. May all who enter here be restored and strengthened on their journey of faith. Guide us Heavenly Father, that we may make manifest your vision of a beloved and enlightened church and community, and be a shining example of the living presence of the Holy Spirit. May we and our Capital Campaign be a channel of God's abundant grace. Through Jesus Christ our Lord we pray. *Amen.*

### Collect for the Coronavirus Pandemic

Almighty God, Heavenly Healer, we bring to you all who are affected by our present pandemic; for the infirm and infected, the anxious and afraid. By your power defend us and heal us. Let us see one another not as vectors of infection, but at opportunities for love and service, for the sake of your Son Jesus Christ our Lord. *Amen.*

### Suggested daily Readings for the First Sunday in Lent -March 07 – March 12

|        |                   |                 |                  |
|--------|-------------------|-----------------|------------------|
| Mon.   | Deut. 8:11-20     | Psalm 41, 52    | John 2:1-12      |
| Tue.   | Deut. 9:4-12      | Psalm 45        | John 2:13-22     |
| Wed.   | Deut. 9:13-21     | Psalm 119:49:72 | John 2:23 – 3:15 |
| Thurs. | Deut. 9:23 – 10:5 | Psalm 50        | John 3:16-21     |
| Fri.   | Deut. 10:12-22    | Psalm 95        | John 3:22-36     |
| Sat.   | Deut. 11:18-28    | Psalm 55        | John 4:1-26      |

### Today Sunday, March 6

**Crucifer:** Collin Laurie

**Lay Eucharist Minister:** John Grayson

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**Lectors:** Margaret Edwards, JoAnn Robinson,

Debralee LaSeur-Helfand

**Vestry:** Zollie White II

**Organist:** Debralee LaSeur-Helfand