

parochial duties, Deacon Joe also serves as a prison Chaplain. Gathering time is 5:30/6:00 p.m. The service follows at 6:30 p.m.

An invitation from Holy Comforter

The church family of Holy Comforter Church has extended an invitation to us here at SMAA, to join them for a Lenten Quiet Day with the Rt. Rev. Nicholas Dill, Bishop of Bermuda on Saturday, 7 March. Gathering time is 9:00 am in the church. We encourage your attendance.

Fr. Hugh+

CHOIR NEWS – There will be rehearsal every Tuesday at 6:00 p.m. until further notice.

Suggested daily Readings for the first week after the First Week of Lent: Mar 2 – Mar. 7

Mon.	Deut. 8:11-20	Psalms 41, 52	John 2:1-12
Tue.	Deut. 9:4-12	Psalms 45	John 2:13-22
Wed.	Deut. 9:13-21	Psalms 119:49-72	John 2:23-3:15
Thurs.	Deut. 9:23-10:5	Psalms 50	John 3:16-21
Fri.	Deut. 10:12-22	Psalms 95 & 40, 54	John 3:22-36
Sat.	Deut. 11:18-28	Psalms 55	John 4:1-26

Please note that every third Sunday the open collection will go towards the Rector's Discretionary Fund.

The Kearney Center is asking for kind donations of Coffee, Coffee Creamer, Sugar, Grits, Oatmeal, and Seasonings, Salt and Pepper. These items are always needed.

SUNDAY SCHOOL is at 9:00 a.m every Sunday. Please join us in the Parish Hall where breakfast will be served at the conclusion of the class by The Men of the Church.

Capital Campaign Update

All congregants are reminded of the following upcoming Capital Campaign meetings

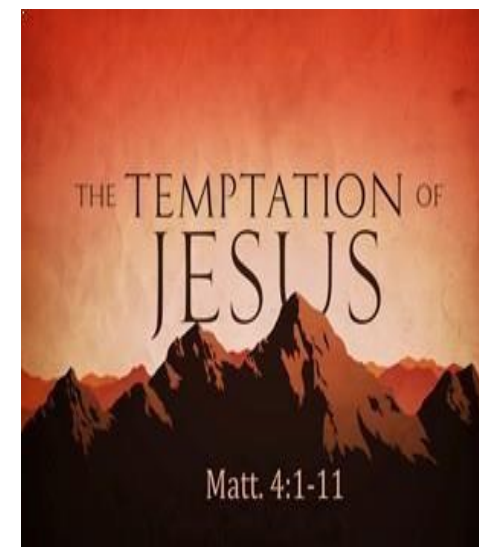
Capital Campaign Committee Conference Call - Committee members will be electronically notified.

ST MICHAEL & ALL ANGELS

EPISCOPAL CHURCH



First Sunday in Lent
March 01, 2020
10:00 am



Ministers of the Church

The People of St. Michael

Our Vestry & Staff

Neil James, **Senior Warden**
850-321-4978

Charlie Clark, **Junior Warden**
850-631-0780

Delois Brown
Linda Dilworth
Ama Erefah

Dawn Freeman
Cassandra J. Grayson
Sharal Jugger

Alexis Roberts McMillan
Henry Okafor

Lenin Mongerie/Edith Onyeozili
Lauren Sapp

Laureatte Scott, **Treasurer**
Cassandra Werner, **Vestry Clerk**

Kathleen Rodgers, **Financial Secretary**
Monique Alleyne, Ivana Kenny Carmola
and Debralee LaSeur-Helfand

Organists

John Grayson, **LEMS Co-Ordinator**

Chris White, **Drummer/Choral Director**

Elizabeth Humes, **Admin. Assistant**

Our Clergy

The Right Reverend John Howard
Bishop – Diocese of Florida

The Reverend Hugh Chapman, **Rector**
340-513-1123
Frhugh_chappy63@yahoo.com

1405 Melvin St, Tallahassee, FL 32301

Phone: (850) 681-0844

Office Hours: Monday to Friday
8:00 am – 4:00 pm

Email: office@stmichaelandallangels.org

Website: www.stmichaelandallangels.org

Find us on Facebook as well!

Follow us on Twitter @SMAA_Tally

From the Rector's Desk

A Lenten Teaching

The first Sunday of Lent, used to be observed by the Church in the West, as the first “day” of Lent and was historically known as “Quadragesima Sunday”, because it takes place exactly forty days before Good Friday. It is noteworthy that both the churches in the East and Western world decided that Sundays should not count towards the forty days, so the church fathers, moved the start of Lent to Ash Wednesday. This change to the Lenten Calendar, reflects the church’s consistent effort over the centuries to leave room for feasting and celebration during Lent. Actually we Anglicans/Episcopalians see Sundays as a weekly microcosm of Easter – a day for celebrating the Resurrection –hence every celebration of the Eucharist is a little Easter for us. Also for very practical reasons, the Christian church decided not to include Sundays in Lent, since it could easily cause believers to fast for fasting sake. While the fast is typically relaxed on Sundays, the sights and sounds of the liturgy are stripped to a bare minimum. In more traditional congregations, the Great Litany is either read or chanted at the beginning of the Eucharist. Maybe one day we shall introduce that ritual into our worship here at SMAA. Another noticeable change during the Lenten Season comes in the form of the omission of the alleluias (praise the Lord) from our worship. In some churches these alleluias have a year-round presence in the liturgy, so that when it is removed from worship, its absence is felt.

Organizations plan for 2020

At the time of writing, both the E.C.W. and the Men’s Ministry did hold their annual meetings, with new persons being invited to serve in leadership positions. We look forward to the installation of those called to serve. With 2020 shaping up to be a banner year for us here at SMAA, I ask your prayers for both of these organizations, as they embark on their individual fundraising efforts. Hopefully we should be able to present the parish with a calendar, that will chart the various efforts to be undertaken.

Lenten Mid-Week Services

For the next five Wednesdays, we will gather in the Fellowship Hall for a simple meal and then go over to the sanctuary for a service and special address. Our speaker this week will be the Rev. Joseph Bakker, parish deacon at St. John’s Episcopal Church. In addition to his

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SPECIAL PRAYERS

Father, you have made all people with eyes to see you at work in the world, ears to hear you cry out when right suffers wrong, when justice is brought low. Give to the people of our nation courage to stand up for goodness and right-doing in the face of an oppressive spirit, and courage to believe we may restore, in accordance with your gracious will, a light to enlighten the nations and the people with your truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. *Amen.*

Capital Campaign Prayer

Most gracious Lord Jesus Christ and generous source of all abundance, in gratitude we invite you to expand our hearts as we seek to increase and improve this place of worship, peace, healing, forgiveness, outreach, service and fellowship. May all who enter here be restored and strengthened on their journey of faith. Guide us Heavenly Father, that we may make manifest your vision of a beloved and enlightened church and community, and be a shining example of the living presence of the Holy Spirit. May we and our Capital Campaign be a channel of God’s abundant grace. Through Jesus Christ our Lord we pray. Amen.

THANK YOU – The fellowship meal today is provided by the Chapman family in celebration of Rev. Hugh Chapman’s birthday and Dr. Felita McNeill.

ANNOUNCEMENTS

Today Pacesetter and Leadership Gifts Subcommittee following the Eucharist.

March 3 – Said Mass at 12:15 p.m.

March 4 – First Wednesday Supper at the Kearney Center at 6:30 p.m. Please wear closed toe shoes and a hat or cap.

March 5 – Monthly UBE Meeting at 6:00 pm in the Fellowship Hall.

March 6 – Unity Prayers Service will be held at First Institutional Church , 648 Osceola Street at 6:00 pm.

UPCOMING EVENTS

March 8– Lectors meeting after the Eucharist.

March 9 – Vestry Meeting at 6:00 p.m. in the Brooks Room

March 10 – Said Mass at 12:15 p.m.

SPIRITUAL DEVELOPMENT – Bible Study is in recess until after the Lenten Season.

Today Sunday, March 1

Acolytes:

Daniel Erefah, **Crucifer**
Omar Mongerie, **Torch Bearer**
Camille Usher, **Torch Bearer**
Claire Wasson, **Gospel Book Bearer**
Colton Wasson, **M.C**

Chalice Bearers: James Fort, John Grayson

Lectors: Margaret Edwards, Leslie Baker
Alexis McMillan

Greeters: Charlie Clark, Cassandra Grayson

Ushers: Ronald Taylor, Ebenezer Erefah

Vestry: Lauren Sapp

Organist: Ivanna Kenny Carmola

Next Sunday, March 8

Acolytes:

Pro Hruda, **Crucifer**
Abigail Erefah, **Torch Bearer**
Claire Wasson, **Torch Bearer**
TJ Frazier, **Gospel Book Bearer**
Collin Laurie, **MC**

Chalice Bearers: Pro Hruda, Alexis McMillan

Greeters: Byron Greene, Pamela Greene

Ushers: Al Lawson, Delores Lawson

Vestry: Delois Brown

Organist: Debralee LaSeur-Helfand

NOTE: If you are unable to serve on the Sundays assigned, please ask someone else to serve in your place.

PRAYER REQUESTS

For those confined to Health Care Facilities:

Ophelia and Robert Scarborough.

For those at home:

Rosalyn Greene, Ella Woodbury Sam Oliver Sr., Jewell Robinson, James Manning, Toni Jarmon, Rev. Leslie R. White, Louis Venson, Rev. Ralph Griffith, Leonel Jones, Laveria Bogan, Charles Walton, Malcolm Preston, Joan Jackson Taylor Howard Vincent Lewis, Aroka Warrell and Randolph James.

For those in the care of the Doctor:

Jo Ann Robinson, Williamae Jackson, Lauren Sapp, Clifford Willabus, Dr. Derek Spencer, Marva Davis, Scott Allen, Kaleb Way, Delores Brown, Hattie Olivia Scott, Alexis Shermise Brown, Mark Wilson, Janet Owens, the Worthen Family, Jasmine Hartin, Shevette Newkirk, Rasheen Jamison Richardson, Kurt Lieblong, Rudolph & Melva Griffith, Lillian Wehner, Delois Abraham, Stella Harris, Pamela Harris Williams, Klcey Scott, Erica Scott and Clint Lancaster.

For those in the Military:

Linzie Bogan II, Clark Bogan, Brianne Edwards, Vashti Thompson and Thandi Williams.

HOLY EUCHARIST- RITE ONE

Instrumental Prelude

Opening Prayer

Almighty God, you proclaim your truth in every age by many voices: Direct, in our time, we pray, those who speak where many listen and write what many read; that they may do their part in making the heart of this people wise, its mind sound, and its will righteous; to the honor of Jesus Christ our Lord. *Amen.*

Processional Hymn **H142**, Lord, who throughout these forty days *St. Flavian*

THE WORD OF GOD

Opening Acclamation **323**

The Collect of the Purity

Collect for the Day

The Lessons Genesis 2:15-17; 3:1-7

Psalm 32

Romans 5:12-19

Gradual Hymn **H149, v 1-2** Eternal Lord of love *Old 124th*

The Holy Gospel Matthew 4:1-11 The Reverend Fr. Hugh Chapman

Sequence Hymn **H149, v 3**

Sermon The Reverend Fr. Hugh Chapman

The Nicene Creed **326**

Prayers of the People Form VI **392**

Confession of Sin and Absolution **330**

The Peace **A166**, In His Presence *Tunney*

Offertory Give Us a Clean Heart Douroux arr by Joseph Wiley

Doxology & Procession **A650**, Praise God from Whom all Blessing Flow Duke Street

Presentation of the Offering – prayer to be said

Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit, a reasonable, holy and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

Presentation Hymn	A436 , Fix Me. Jesus	<i>Fix Me</i>
The Great Thanksgiving		333
Sanctus		
The Lord's Prayer		336
The Breaking of the Bread/Fraction		337
The Invitation		

HOLY COMMUNION

Communion Hymn 1	H313 , Let thy Blood in mercy poured	<i>Jesus, meine Zuversicht</i>
Communion Hymn 2	H321 , My God, thy table now is spread	<i>Rockingham</i>
Meditation Hymn		
Post Communion Prayer		339
Birthday, Anniversary, Travel Prayers		
Announcements		
Benediction		
Recessional Hymn	H150 , Forty days and forty nights	<i>Aus der Tiefe rufe ich</i>
Dismissal		

A=African American Hymnal (Ivory)
H= 1982 Hymnal (Blue)

March Altar Guild: Karen Goodlett and the Altar Guild Members.

HOSPITALITY COMMITTEE – The New Year is here and our time together in fellowship after The Holy Eucharist on Sundays is a time for our family to continue the connection that is made during our worship service. Please consider sponsoring our Hospitality efforts by signing up on the chart posted on the kitchen door.



Our Lenten Schedule
Wednesday, March 4– First gathering at 6:00 pm/Fellowship Hall.
Wednesday, March 11 – Second gathering at 6:00 pm/Fellowship Hall.

Wednesday, March 18th – Third gathering at 6:00 pm/Fellowship Hall.

Wednesday, March 25th – Fourth gathering at 6:00 pm/Fellowship Hall.

Wednesday, April 1 – Fifth gathering at 6:00 pm/Fellowship Hall.

WELCOME TO ST. MICHAEL AND ALL ANGELS

*We extend a warm welcome to our guests. Thank you for worshipping with us today. If you are without a church home, we invite you to join our church family. Please sign the guest register, **include your home address, phone number and, if you would like to receive the monthly newsletter, news of special events and other happenings, please also add your e-mail address.***

OUR VISION is to be a cornerstone for serving the spiritual needs of the greater Tallahassee community, extending an eternal invitation to join our caring parish and to enrich the spiritual life of all people as we journey with Christ.

OUR MISSION is to experience the Gospel of Jesus Christ by feeding the mind, body and spirit of our community in fellowship and service.



HOLY COMMUNION: All baptized Christians are encouraged to receive the real and living presence of Christ in Holy Communion. To receive the Bread, extend your hands upward, palms crossed. When receiving the Wine, please guide the chalice as it is offered. If you prefer, you may leave the Bread on your palm for the person administering the chalice to dip into the Wine and place on your tongue. All persons are welcome to give thanks for God's blessings at the altar rail, simply crossing your arms at the wrist with fingertips extending upward towards your shoulders.

HAPPY BIRTHDAY/ANNIVERSARY TO OUR CHURCH FAMILY!



Birthday Prayer

Lenin Helfand (3/3), Nicolette Nottage (3/3), Collin Laurie (3/3), Kathleen Rodgers (3/6).

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace, which passeth understanding, abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

