

GOOD NEWS OUTREACH MINISTRY – Please remember to bring a food item from the following list: boxed pasta, grits, oatmeal, snacks, broths, soups, spices, baking mixes, flour, sugar, canned fruits & fruits cups. Place items in food gift box in Parish hall. We will bring forward the parish's gifts of food at the offertory the first Sunday each month giving thanks and asking God's blessing upon those who will receive them

CHOIR NEWS – There will be rehearsal every Sunday morning at 9:15 am until further notice.

Suggested daily Readings for the Fourth Week in Lent: April. 1 – April 6.

| | | |
|-----------------------------|------------------------|---------------------|
| Mon. Jer. 16:10-21 | Psalms 89:19-52 | John 6:1-15 |
| Tue. Jer. 17:19-27 | Psalms 94 | John 6:16-27 |
| Wed. Jer. 18:1-11 | Psalms 101 | John 6:27-40 |
| Thurs. Jer. 22:13-23 | Psalms 73 | John 6:41-51 |
| Fri. Jer. 23:1-8 | Psalms 107:1-32 | John 6:52-59 |
| Sat. Jer. 23:9-15 | Psalms 33 | John 6:60-71 |

Please note that every third Sunday the open collection will go towards the Rector's Discretionary Fund.

The Kearney Center is asking for kind donations of Coffee, Coffee Creamer, Sugar, Grits, Oatmeal, and Seasonings, Salt and Pepper. These items are always needed.

ALTAR GUILD

The 2019 St. Michael's Flower Chart has been posted in the church's foyer for individuals to sign up to place flowers on the altar. Please see any Altar Guild member for specific questions or additional information

Our Lenten Schedule



Wednesday, April 3rd – Fourth gathering at 6:00 pm/Fellowship Hall.

Wednesday, April 10th – Fifth gathering at 6:00 pm/Fellowship Hall.

A New Ministry on the Horizon

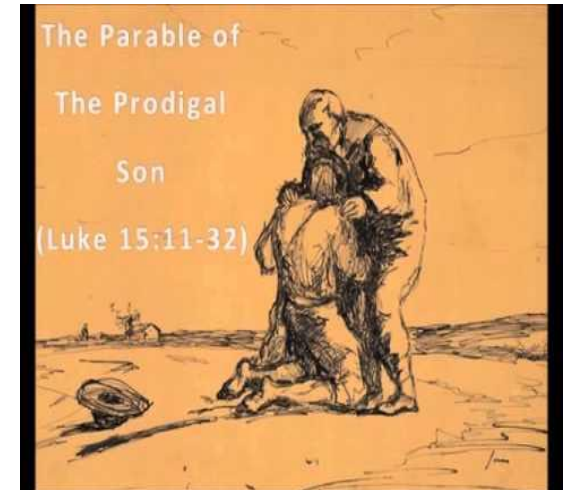
We are about to introduce a liturgical dance ministry for the girls of our congregation. Our choreographer will be Cassandra Werner.

ST MICHAEL & ALL ANGELS

EPISCOPAL CHURCH



**Fourth Sunday in Lent
March 31, 2019
10:00 am**



Ministers of the Church

The People of St. Michael

Our Vestry & Staff

Neil James, *Senior Warden*
850-321-4978

Charlie Clark, *Junior Warden*
850-631-0780

Delois Brown
Linda Dilworth
Ama Erefah
Dawn Freeman

Cassandra Grayson
Sharal Jugger

Alexis Roberts McMillan
Henry Okafor
Edith Onyeozili
Lauren Sapp

Laurette Scott, *Treasurer/Vestry Clerk*

Kathleen Rodgers, *Financial Secretary*

Monique Alleyne and Ivana Kenny Carmola
Organists

Chris White, *Drummer/Choral Director*

Elizabeth Humes, *Admin. Assistant*

Our Clergy

The Right Reverend John Howard
Bishop – Diocese of Florida

The Reverend Hugh Chapman, *Rector*
340-513-1123
Frhugh_chappy63@yahoo.com

1405 Melvin St, Tallahassee, FL 32301

Phone: (850) 681-0844

**Office Hours: Monday to Friday
8:00 am – 4:00 pm**

Email: office@stmichaelandallangels.org

Website: www.stmichaelandallangels.org

Find us on Facebook as well!

Follow us on Twitter @SMAA_Tally

From the Rector's Desk

Refreshment Sunday

We have got to the mid-point of the Lenten Season – three Sundays hence, it will be the great Festival of Easter. In some traditional Anglican/Episcopal parishes, today's fellowship hour, will offer cakes and pastries, a sort of temporary relief to those who were stridently observing their Lenten disciplines, thereby avoiding chocolates and other delicacies. From a liturgical standpoint, often the gospel is about the feeding of the five thousand (John 6:1-14). Cycle C however in our Liturgical calendar, has us using instead, the story of the Prodigal Son (Luke 15:1-3,11-32), that culminates with quite a feast, as the father welcomes home his errant son.

Rather than reflect on the refreshment idea today, I have chosen instead to have us think about the relief we ought to provide to others, especially those in great need. The Lenten Season, in addition to inviting us to pray and fast, challenges us to engage in acts of mercy, by sharing more and doing more for others. My family and I decided that we would not let Lent 2019 come and go without us volunteering at Grace Mission. Most first Wednesdays we join with a band of Michaelites and serve dinner at the Kearney Center. I tell you it is such a blessing – but we wanted to do more and spend more time thinking of others, as we all should. As Steve Leder, the Jewish Rabbi, who penned the text – More beautiful than Before – suggests, suffering does surely transform us and “if you are comfortable, it is a sign you are doing things wrong.” Leder argues that people of faith ought to remain in a state of discomfort, as many are made to do, because of their life circumstances. To make the point more forcibly, he writes about a trip he made to Uganda and how upon his return to the US, he was appalled at the questions he got asked. How was Africa? (as if Uganda constitutes all of Africa). Was it fun? Did you see the gorillas and the elephants?

This was his response and I quote, “I am a man of words, and yet I had no words with which to answer those questions. How could I describe a country where 85% of all children are either physically or sexually abused, where on the walls of the schools I visited, there were slogans painted everywhere like – Scream when you are attacked and – Silence will kill you”. That is discomfiting, and we could well understand why fun was the furthest thing from his mind, as he watched suffering take place in real time.

Fr. Hugh+

(to be continued).

SPECIAL PRAYERS

Father, you have made all people with eyes to see you at work in the world, ears to hear you cry out when right suffers wrong, when justice is brought low. Give to the people of our nation courage to stand up for goodness and right-doing in the face of an oppressive spirit, and courage to believe we may restore, in accordance with your gracious will, a light to enlighten the nations and the people with your truth; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, forever and ever. *Amen.*

Capital Campaign Prayer

Most gracious Lord Jesus Christ and generous source of all abundance, in gratitude we invite you to expand our hearts as we seek to increase and improve this place of worship, peace, healing, forgiveness, outreach, service and fellowship. May all who enter here be restored and strengthened on their journey of faith. Guide us Heavenly Father, that we may make manifest your vision of a beloved and enlightened church and community, and be a shining example of the living presence of the Holy Spirit. May we and our Capital Campaign be a channel of God's abundant grace. Through Jesus Christ our Lord we pray. Amen.

THANK YOU – Fellowship today (Lite fare) is hosted by The Hospitality Committee.

ANNOUNCEMENTS

April 1 – Said Mass at 12:15 pm. (Contemplative Eucharist).

April 3 – Lenten Gathering/Reflection at 6:00 pm in the Parish Hall.

April 3 – First Wednesday Supper at the Kearney Center at 6:30 pm.

April 4 – Healing Service at 12:15 pm.

April 5 – Stations of the Cross at 6:30 pm.

April 8 – Vestry Meeting at 6:00 pm.

April 7 – Discipleship Gathering at 1:00 pm in the Brooks Room.

SPIRITUAL DEVELOPMENT – Bible Study session is in recess until after the Lenten Season.

UPCOMING ACTIVITIES

April 9 – Said Mass at 12:15 pm (Contemplative Eucharist).

April 10 – Lenten Gathering/Reflection at 6:00 pm in the Parish Hall.

April 11 – Healing Service at 12:15 pm.

April 12 – Stations of the Cross at 6:30 pm.

April 14 – Palm Sunday Service at 10:00 am.

April 18 – Maundy Thursday Service at 6:30 pm.

April 19 – Good Friday Service at 6:30 pm.

Serving today Sunday, March 31

Acolytes:

Hollis Sams, **Crucifer**

Tyler Sams, **Torch Bearer**

Nicolette Nottage, **Torch Bearer**

Omar Mongerie, **Gospel Book Bearer**

Chalice Bearers: James Fort, John Grayson

Lectors: Dourest Robinson, Renee Frazier

Chris White

Greeters: Elizabeth Humes, Chenikka Usher

Ushers: Elizabeth Humes, Chenikka Usher

Vestry: Dawn Freeman

Organist: Debralee LaSeur-Helfand

Serving next Sunday, April 7

Acolytes:

Pro Hruda, **Crucifer**

Charles Hruda, **Torch Bearer**

Quinton Laurie, **Torch Bearer**

Collin Laurie, **Gospel Book Bearer**

Chalice Bearers: Alexis McMillan, Pro Hruda

Lectors: Leslie Warren, Yolanda Bogan

Zollie White II

Greeters: Cassandra Grayson, Jaelyn Guyton

Ushers: Linda Billups, Ronald Watson

Vestry: Cassandra Grayson

Organist: Ivana Kenny Carmola

April Altar Guild

Elizabeth Humes

All Altar Guild Members

PRAYER REQUESTS FOR PEACE AND HEALING



Jean Hyche-Jackson, Jo Ann Robinson, Ophelia and Robert Scarborough, Eugene Wesley, Rosalyn Greene, Rose Douglas, Jewell Robinson, Williamae Jackson, Geraldine Roberts, Carl Murray, Sharal Jigger, Rudolph Hinds, Cynthia Hinds, Alexes Parker, Robert Roulac, Karen Hardy Clark, Ella Woodbury, Charles Daniels, Joseph Gentle, Brandi Leland, Kenrick Baynes, Jessie Laurel, Hattie Olivia Scott, Ella Brown Albright, Catherine Rand, Richard Corpening, Clifford Willabus, ,Mecie White, Barbara Lee, Sharon Carr, Sam Oliver Sr., Linzie Bogan II, Clark Bogan, Ariel Boyd, Lora Rose Hunter-Dargan, John McClees, Jonecia Brown, Toni Jarmon, Kaleb Way, Karen Padmore, Randolph, Frazier Jr., Nohemy Reid, Kanessa Cole, Sharon Thomas, Evelyn McKetty, Maryann Nottage, Scott Allen, Alexis Lamber, Denny Cooper, Bishop Samuel Johnson, Steve Babcock, Kim Way, Tinley Toner & family, Aroka Worrell, Simone McDaniel, Zuri, Tamara Brown, James Manning and Marva Davis.

SUNDAY SCHOOL is at 9:00 a.m. every Sunday. Please join us in the Parish Hall where breakfast will be served at the conclusion of the class by The Men of the Church.

HOLY EUCHARIST- RITE ONE

Instrumental Prelude

Debralee LaSeur-Helfand, Organist

Opening Prayer

O Almighty God, who pourest out on all who desire it the spirit of grace and of supplication: Deliver us, when we draw near to you, from coldness of heart and wanderings of mind, that with steadfast thoughts and kindled affections we may worship you in spirit and in truth; through Jesus Christ our Lord. *Amen.*

Processional Hymn

H690, Guide Me, O Great Jehovah

Rhondda

THE WORD OF GOD

Opening Acclamation

323

The Collect of the Purity

Collect for the Day

The Lessons

Joshua 5:9-12

Psalm 32

2 Corinthians 5:16-21

Gradual Hymn

H692 v 1-2, I Heard the Voice of Jesus say

The Third Tune

The Holy Gospel

Luke 15:1-3, 11b-32 The Reverend Fr. Hugh Chapman

Sequence Hymn

H692 v 3

Sermon

The Reverend Fr. Hugh Chapman

The Nicene Creed

326

The Prayers of the People Form VI

392

Confession of Sin and Absolution

330

The Peace

A377, When Peace like a river

Ville Du Havre

Offertory

A414, I Don't Feel No Ways Tried

Burrell

Doxology & Procession

Lenten Doxology

Old 100th

Praise God throughout these forty days

Praise Christ, our Lord, whom God did raise.

And praise the Spirit who imparts God's love in Christ into our hearts. Amen.

Presentation of the Offering – prayer to be said

Father, we offer you these gifts which you have given us; this bread, this wine, this money. With them we offer ourselves, our lives, and our work, to become through your Holy Spirit, a reasonable, holy and lively sacrifice. As this bread and wine become the Body and Blood of Christ, so may we and all your people become channels of your love; through the same Christ our Lord. Amen.

| | | |
|---------------------------|------------------------------|------------|
| Presentation Hymn | A105 , Bless the Lord | Crouch |
| The Great Thanksgiving | | 333 |
| Sanctus | | |
| The Lord's Prayer | | 336 |
| The Breaking of the Bread | | 337 |
| Fraction Anthem | | |
| The Invitation | | |

HOLY COMMUNION

| | | |
|---------------------------------------|-------------------------------|---------------|
| Communion Hymn 1 | A395 , I Love the Lord | Smallwood |
| Communion Hymn 2 | A376 , Farther Along | Farther Along |
| Post Communion Prayer | | 339 |
| Birthday, Anniversary, Travel Prayers | | |
| Announcements | | |
| Benediction | | |
| Recessional Hymn | L30 , At the Cross | Hudson |
| Choral Postlude | | |
| Dismissal | | |

A=African American Hymnal (ivory)
H=1982 Hymnal (blue)
L=Lift Every Voice & Sing Hymnal (black, green, red)

Campus Ministry launched – Brooks Society

We are announcing today the launch of a Campus Ministry at FAMU. We want to thank Edward Ornstein and his team for taking on this long-awaited initiative.

The Great “I am”

As Christians, we need to remember that God is not known as the great *I Was* but as the great *I Am* (see Exod. 3:14). The practical meaning of this truth is that we should not live in the past with its regrets and mistakes. Rather, we should emphasize the present with its opportunities and challenges. As the great *I Am*, God calls us to claim the promise of each new day and to live it fully for him.

WELCOME TO ST. MICHAEL

*We extend a warm welcome to our guests. Thank you for worshipping with us today. If you are without a church home, we invite you to join our church family. Please sign the guest register, **include your home address, phone number and, if you would like to receive the monthly newsletter, news of special events and other happenings, please also add your e-mail address.***

OUR VISION is to be a cornerstone for serving the spiritual needs of the greater Tallahassee community, extending an eternal invitation to join our caring parish and to enrich the spiritual life of all people as we journey with Christ.

OUR MISSION is to experience the Gospel of Jesus Christ by feeding the mind, body and spirit of our community in fellowship and service.



HOLY COMMUNION: All baptized Christians are encouraged to receive the real and living presence of Christ in Holy Communion. To receive the Bread, extend your hands upward, palms crossed. When receiving the Wine, please guide the chalice as it is offered. If you prefer, you may leave the Bread on your palm for the person administering the chalice to dip into the Wine and place on your tongue. All persons are welcome to give thanks for God's blessings at the altar rail, simply crossing your arms at the wrist with fingertips extending upward towards your shoulders.



HAPPY BIRTHDAY/ANNIVERSARY TO OUR CHURCH FAMILY!

Candice Billups (4/1), Delois Brown (4/2), Zollie White II (4/6); Althemese Barnes (4/6)

Birthday Prayer

Watch over thy children, O Lord, as their days increase; bless and guide them wherever they may be. Strengthen them when they stand; comfort them when discouraged or sorrowful; raise them up if they fall; and in their hearts may thy peace, which passeth understanding, abide all the days of their lives; through Jesus Christ our Lord. *Amen.*

Giving and Forgiving

*What makes life worth the living
Is our giving and forgiving;
Giving tiny bits of kindness
That will leave a joy behind us.*

*For the little things are bigger
Than we often stop to figure;
What makes life worth the living
Is our giving and forgiving.*